



Dear Parent/Carer,

SPORTS WEEK- W/C 18th June 2018

School is celebrating Sport and PE with a range of lessons, activities and assemblies that focus on getting active and making healthy choices. If you are interested in sports or know of anyone that would like to get involved, please contact Mrs Shipperd for further details.

Sports Day- Monday 18th June 2018

Our Annual Sports Day will take place on Monday 18th June, weather permitting. It will start at 1.00pm on the school playing field with a whole school warm-up and end at approximately 3.00pm. If the weather proves inclement, we will be running the event on the following Monday 25th June at the same time. The children will do a full rotation of fun field events throughout the afternoon and the day will end with the final heats of the sprints, relays, hurdles, a toddlers' race for all preschool children and even a parents' tug of war!

In order for the activities to run smoothly, we need the help of a large number of volunteers. Thank you to all the parents and governors who have already volunteered to help with sports day. If anyone else would like to help on the day please return the reply slip to Mrs Shipperd by Friday 15th June and meet at the playing field at 12.30pm on Monday 18th June for further instructions. The jobs are all very straightforward and a lot of fun, plus you will have the satisfaction of being involved in your child's special sporting day and contributing to the school, which we always greatly appreciate. The jobs range from serving refreshments to measuring the length of long jumps and throws, so there's something to suit everyone.

Sports Day is a fun event for all those involved; please help us to make this event special for the children.

The school PTA is providing all refreshments for the children so please do not bring anything extra for your child as this can cause disruption on the day. Please send your child to school with full PE uniform (shorts, white t-shirt, navy or black shorts and pumps/trainers), a hat and any sun cream they will require. Let's keep our fingers crossed for a beautiful June day!

Dance sessions with Lucy Everett from Dance Attik- Wednesday 20th June

We are very lucky to have Lucy Everett from Dance Attik in school teaching dance sessions with every class on Wednesday's this half term. Nursery/KS1 are learning a piece based on the seaside to link to their topic work and KS2 are learning a piece based on the Wind in the Willows, which is also our school summer production this year. We will be inviting parents in to school to watch their performances near the end of term.

Sports Leaders- Thursday 21st June

Year 5 have been learning a whole host of leadership skills; like how to communicate effectively with others, organise people and things and work as part of a team. As part of their Sports Leaders award, the children will be delivering sports activities for the younger children throughout the morning on the school playground.

Sponsored Marathon- Friday 22nd June

It’s time for the children to put on their running shoes and slip on the sweat bands! On Friday 22nd June, the children at Arnside National School are going to compete in an inter-house team marathon challenge. The three house colours will relay run, jog or walk a lap of the Memorial Playing Field and each team will aim to complete a total of 42km / 26.2 miles – a marathon! The infant lap will be 500m and the junior lap 1km. We are hoping to raise as much money as possible to invest in additional sports equipment and coaching.

Please ensure your child/ren has suitable footwear and PE uniform for this event.

Wheelchair basketball- Friday 13th July

On Friday 13th July, the Cumbria Wheelchair Sports team will be coming into school and delivering a motivational assembly and wheelchair basketball sessions for every year group. Wheelchair Basketball is a fantastic sport for all abilities and ages. It is a fantastic way to improve hand-to-eye co-ordination, upper body strength and core. It helps improve social skills and confidence and will give the children the opportunity to try something new.

Many thanks in advance for your support.

Yours faithfully,

Mrs Shipperd

Sport and PE coordinator
Year 3 and 4 class teacher

SPORTS DAY 2018 Monday 18th June, 1.00pm (helpers needed from 12.30pm).

I would like to volunteer to help on sports day.

Name of adult.....

Child’s class

Please return to Mrs Shipperd